Middle Caicos was inhabited by the Taino, (Lucayan Indians) from 750-1500 AD, until the Spanish enslaved them, introduced diseases, and effectively destroyed their civilization. British Loyalists established huge plantations in the Caicos Islands (late 1780s) and grew cotton/sisal for only one generation. The majority abandoned their lands when slavery was outlawed and the true difficulties of farming on these isolated islands became apparent. They left their lands to their former slaves - these plots are now known as generational lands.

Over 190 species of birds have been sighted in TCI including the rare West Indian whistling duck, greater flamingo, Cuban crow, osprey, reddish egret, frigate bird, tropic bird, pelican, kestrel, terns, sandpipers, Bahama woodstar hummingbird, bananaquits and owls.

Walking, Hiking, Biking, Caving, Camping, Kayaking, Snorkelling, Stand-Up Paddleboarding, Bird Watching, Sailing, Fishing and Small Boat Tours can all be arranged with knowledgeable eco-guides to all areas of North and Middle Caicos, to East Caicos and beyond...

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